

Dear Family and Friends,

It's been a year for learning about the "ups" and "downs" of getting older. Happily, the year is ending very much up!

The major event of the year was Terry's sudden need for heart bypass surgery. Fortunately the problem was diagnosed before there was any damage to his heart and they put him back together as good, or maybe better, than ever. "It's just a matter of plumbing," said the surgeon. Maybe to him, but to us it was pretty scary. That was February and with a change in our diet, increased exercise, and the loss of over 50lbs (if you add our losses), we are both increasingly healthier and very grateful for the ability to enjoy life so much.



I could have done without falling into my own front door, tearing a gash in my forehead (much blood and 20+ stitches) and breaking my wrist in March. I have my "Harry Potter" scar to prove it, but my wrist is completely healed and my knee, which is arthritic, just got another round of injections (replacing the missing cartilage with that from the combs of roosters). The first treatment lasted for 10 months. I should be back to walking with Terry around Lady Bird Lake and enjoying the wildlife really soon.

We both turned 65 this year (see picture of my birthday roses below), spent our usual lovely week in Vermont with the Schifmans, enjoyed a visit to a Chihuly Glass display with the SoRelles at Thanksgiving, and, most important, took loving care of each other throughout our challenging times.

Terry continues to expand his traditional music library at <http://songs.2quakers.net/>, take long walks observing the wildlife, particularly birds, and talk knowledgably about religion, politics and philosophy with all of us. Liz continues in her service to Quakers Uniting in Publications, Friends Committee on National Legislation, South Central Yearly Meeting and other social change organizations, while doing a bit of writing and a lot of talking with friends. We do what we can to heal the world and thank all of you for what you are doing to spread peace and love as well.

We are so grateful to all our friends and family who held us in the Light through our challenges and were there with practical help when we really needed it. Thank you and thank God.



Come visit! May you and yours have a blessed and joy filled 2013.

Love, Liz & Terry



*Annika Arianna Brennon Cassie Ezra
(February 2012 in Austin)*



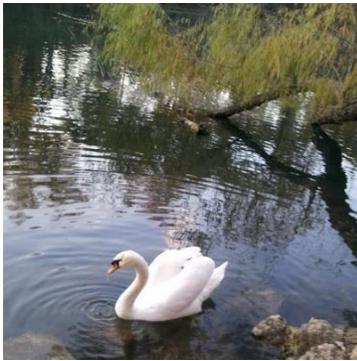
*Allora
(Thanksgiving 2012)*



Pete, Terry and Chris play music, Thanksgiving 2012



*Cassie at Emily Dickinson Home June 2012
("Dwell In Possibility")*



Swan on Lady Bird Lake



2012 blueberry picking in Vermont



Chihuly Glass in Dallas Arboretum



Brennon no shoes



Ari no hands